

# HIV Clinical Care Program Patient Contact Flow Chart

## Gay Health Advocate

Make appointment by telephone or in person to see a Gay Health Advocate through Diane Walkin, Mental Health Division secretary.

Have 50 minute HIV antibody test counseling session with a Gay Health Advocate. Advocate writes up session recording form with handwritten notes.

Make Tuesday appointment through Diane Walkin for screening by Laura Pinsky.

Laura Pinsky has session form and notes. Have short appointment to be psychologically screened and obtain code stickers and instructions.

Call Anita Tierney for appointment to have blood drawn.

Go to St. Luke's. Sign consent form (with pseudonym). Anita draws bloods and labels them with code stickers.

Hand-carry code-labeled bloods down to city labs for testing.

Call Laura Pinsky to see if results are back (typically two weeks later). Make appointment to receive results.

Post-test counseling session with Laura Pinsky. If you are seropositive for HIV antibody you will be referred to the HIV clinical care program.

## HIV Clinic Practitioner

Enter the clinic either through the process outlined at left or directly, if antibody testing was performed by another agency. Make appointment for first HIV clinic practitioner visit through Laura Pinsky.

First visit with clinic practitioner (two hours). Speak to CUHS receptionist and fill out regular CUHS encounter form with practitioner's name. While waiting, fill out HIV clinic patient self-information form. Practitioner will escort you to an examining room. Practitioner has: antibody test counseling form and notes, clinic counselor's notes, and patient self-information form. Three copies of practitioner's own notes are made: one for patient to take away in his or her chart, one for practitioner's locked drawer, and one from which Laura Pinsky and Paul Douglas extract data (this copy is then destroyed). Make appointment for administration of energy panel and follow-up visit.

48 hours before follow-up visit, go to surgical desk for administration of energy panel.

Follow-up visit with practitioner (one hour). Speak to CUHS receptionist and fill out regular CUHS encounter form with practitioner's name. Practitioner will escort you to an examining room. Receive test results and have energy panel read. Make plan for return visit.

## HIV Clinic Counselor

Simultaneously make appointment for first session with HIV clinic counselor through Diane Walkin. Counseling should precede the practitioner visit.

First 50 minute session with HIV clinic counselor. Tell Mental Health receptionist which clinic counselor you are waiting for. Counselor will come to escort you to a room to talk. Counselor has form and notes from antibody test counseling. Discuss reaction to seropositivity, safer sex, nature of clinic, T-cell tests, energy panel. Counselor writes up notes for use by clinic practitioners.

Simultaneously make appointment for second counseling session through Diane Walkin. The second counseling session should occur after the follow-up visit to the practitioner.

Second 50 minute counseling session. Tell Mental Health receptionist which clinic counselor you are waiting for. Counselor will come to escort you to a room to talk. Discuss situation and treatment options. Make plan for return visits and/or joining HIV+ support and information group.